

Stage 1

I'm feeling...



MENTAL
HEALTH
MONTH
OCTOBER

Wayahead®

Stage 1

I feel sad. My two best friends are sick today and I have no one to play with at lunchtime.



**MENTAL
HEALTH
MONTH
OCTOBER**

Wayahead®

Stage 1

I'm feeling...



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Wayahead®

Stage 1

I feel angry. Someone else is playing with a toy I like.



**MENTAL
HEALTH
MONTH
OCTOBER**

Wayahead®

Stage 1

I'm feeling...



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Stage 1

**I feel scared to climb
the frame in the playground.**



**MENTAL
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MONTH
OCTOBER**

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Stage 1

I'm feeling...



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Stage 1

**I feel excited. I'm going
to my friend's house
after school tomorrow.**



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HEALTH
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Stage 1

I'm feeling...



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Stage 1

I feel upset. My teacher is away and we have a new teacher today.



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I'm feeling...



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Stage 1

**I feel happy. We're painting
in class today.**



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