

Stage 1

**I could...**



**MENTAL  
HEALTH  
MONTH  
OCTOBER**

**Wayahead®**

Stage 1

**Find another friend  
to play with.**



**MENTAL  
HEALTH  
MONTH  
OCTOBER**

**Wayahead®**

Stage 1

**I could...**



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HEALTH  
MONTH  
OCTOBER**

**Wayahead®**

Stage 1

**Wait my turn.**



**MENTAL  
HEALTH  
MONTH  
OCTOBER**

**Wayahead®**

Stage 1

**I could...**



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HEALTH  
MONTH  
OCTOBER**

**Wayahead®**



Stage 1

**Try climbing one rung today  
and add another one each  
day this week.**



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OCTOBER**

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Stage 1

**I could...**



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OCTOBER**

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Stage 1

**Pack a bag to get ready.**



**MENTAL  
HEALTH  
MONTH  
OCTOBER**

**Wayahead®**



Stage 1

**I could...**



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Stage 1

**Say Hi to the new teacher  
and tell them your name.**



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HEALTH  
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Stage 1

**I could...**



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Stage 1

**Have fun and  
enjoy the activity.**



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MONTH  
OCTOBER**

**Wayahead®**