

AGENDA

Tuesday 26 April 2022

Reserve Bank of Australia
65 Martin Place, Sydney

Meeting Eval Form



9:30am

Welcome to the Network from WayAhead Workplaces Program Manager
and Acknowledgement of Country

9:40am

Financial Wellbeing = Mental Wellbeing... Are you doing enough?
James McFarland - Benefit3 & Stanford Brown

10:20am

Networking Morning Tea

10:50am

Reserve Bank of Australia's Psychosocial Risk Audit Case Study
Genevieve Teasdale - Reserve Bank of Australia

11:30am

Solutions to the Top 3 Corporate Wellbeing Challenges
Nick Lee OAM - Healthy Minds

12:15pm

WayAhead Workplaces Updates & Housekeeping

12:30pm

Close

SPEAKERS



James McFarland has over 20 years experience in the financial services industry. He is a licensed financial adviser and specialises in Workplace Employee Benefits, Insurance and Superannuation.

James is a Partner at Stanford Brown and leads their Benefits Advisory team.

Their core expertise is in wealth management and financial wellbeing working from your executive team and people leaders through to your entire workforce. SB is a trusted benefit partner to deliver a holistic benefit experience that seamlessly incorporates both physical and mental wellbeing for clients.

James's passion is making quality financial knowledge accessible through the workplace.



Genevieve Teasdale is currently working as the Senior Mental Health Consultant for the Reserve Bank of Australia.

She is a registered psychologist and MBA candidate, motivated by opportunities to work with organisations to develop and execute wellbeing strategies to uplift levels of staff engagement, productivity and innovation.

With over 10 years of corporate experience, her roles have equipped her with a keen ability to identify wellbeing needs, collaborate to develop solutions, and implement initiatives to effect lasting positive change.



Nick Lee is a corporate health expert and Chairman of the Jodi Lee Foundation. While working as a director of multi-national consumer goods company, Nick's wife Jodi was diagnosed with stage IV bowel cancer at the age of 39. After battling with the disease for 2 years, Jodi passed away in 2010.

Nick established The Jodi Lee Foundation, inspiring others to protect themselves against bowel cancer and make positive choices to improve their health - The work of the Foundation has saved many Australian lives.

With a passion for corporate health and a strong desire to improve the health of ordinary Australians, Nick joined Tom Nehmy at Healthy Minds, aiming to eliminate preventable psychological disorders and provide individuals with the skills and knowledge to maintain an optimal level of mental health and wellbeing.

UPCOMING EVENTS



WayAhead Workplaces members can access exclusive discounts to major events, conferences, and more.

[Find all discounts & offers on our website.](#)



9 - 11 MAY	Australian & New Zealand Addiction Conference	Gold Coast & Online	Discover evidence-based solutions, lived-experience lessons, and research findings for the prevention, treatment, harm reduction and recovery of substance and behavioural addictions.
7 - 8 JUN	Comcare National Conference	Canberra	Creating a safer workplace together: Join over 500 WHS industry peers to explore how to promote and enable safe and healthy work with the latest research, best practice, and valuable networking.
22 - 23 JUN	Workplace Wellness Festival	Sydney & Online	A place to learn, have fun, and do business with over 100 expert speakers, top vendors, and thousands of professionals for APAC's largest workplace wellness gathering.
22 - 24 AUG	Workplace Mental Health Symposium	Gold Coast & Online	Three days of keynote addresses, speaker presentations, panel discussions, workshops, and exhibitors for the common goal of creating mentally healthy workplaces.
5 - 7 SEP	International Mental Health Conference	Gold Coast & Online	A world-class forum to connect and collaborate with national and international mental health leaders, gaining knowledge and tools to improve your approach to client care.
24 - 25 OCT	Indigenous Wellbeing Conference	Adelaide & Online	Bringing First Nations Australians, Maori and Pasifika leaders, mental health professionals and people with lived experience together to progress the wellbeing and mental health of their communities.
9 - 11 NOV	Australian Rural & Remote Mental Health Symposium	Adelaide & Online	Hear from, network, and unite with mental health experts, service providers, and fellow workers to provide greater mental health accessibility, support, and services to rural and remote communities.

Do you have an offering that our network would benefit from?
Reach out to our team to discuss how we can work together.