

# AGENDA

Wednesday 16 November 2022

Collective Purpose  
Suite 2.02, Building C  
33 Saunders Street Pyrmont NSW

Meeting Eval Form



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8:30am	Registration and Welcome Activity
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9:05am	<i>Welcome to the Network</i> Edman Tam
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9:20am	<i>Psychosocial Risk Trends from the Perspective of EAPs</i> Cate Page - Converge International
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9:50am	Networking Morning Tea
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10:30am	<i>Case Study Activity - Exploring Strategic Wellbeing Challenges</i>
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11:45am	Quarterly Highlights
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12:15pm	Housekeeping and Wrap Up
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12:30pm	Close
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# SPEAKERS



Cate Page is a Social Worker and Organisational Development Consultant with over a decade of clinical and organisational experience in EAP, corporate consultancy and design and delivery of training programs. She currently works as the Executive Director of Clinical Services at Converge International.

Previously, Cate managed the Beyond Blue National Workplace Program, working with organisations to adopt mental health strategies and assisting in the training of leaders, managers and employees in supporting each other in the workforce. She is passionate about creating and sustaining mental health in the workplace, and has over 14 years' experience in assisting organisations to maximise their employee wellbeing, productivity and culture.



Steph Thompson is a Workplace Engagement Manager at the Black Dog Institute and previously the Workplaces and Wellbeing Lead at WayAhead, Mental Health Association NSW. Prior to this, Steph worked as an Employee Health and Wellbeing Specialist at Bupa, and has a background in Social Work.

She has experience in designing and implementing integrated wellbeing strategies in house, as well as in a consultant capacity. Reading, coffee and self-deprecating humour are her top priorities in life (followed by her dog and family of course).



## Meet Edman

Prior to joining WayAhead Workplaces, Edman has worn many hats: Working in tech start-ups in the mental wellbeing sector (from product development and research to sales and marketing), a watchmaker, a chef, and a university campus worker. As a campus worker, Edman managed an organisation of several hundred university student volunteers, organising meetings and conferences, as well as initiating novel projects and one on one mentoring support.

Edman has qualifications in Commerce (Marketing and Organisational Behaviour), Philosophy, Psychology, and Gastronomic Cooking.

# UPCOMING EVENTS



WayAhead Workplaces members can access exclusive discounts to major events, conferences, and more.

[Find all discounts & offers on our website.](#)



<b>30 NOV - 2 DEC</b>	STOP Domestic Violence Conference	Gold Coast & Online	Join professionals working in all realms of domestic and family violence to provide a unified voice for change for Australians at risk of sexual, physical, mental and emotional abuse.
<b>8 - 9 DEC</b>	National Work Health and Safety Colloquium	ICC Sydney	Free event by NSW Centre for Work Health and Safety. An opportunity to focus on putting the worker at the centre of WHS and explore diverse considerations across Australia's workforce.
<b>6 - 7 MAR</b>	Frontline Mental Health Conference	Gold Coast & Online	Connect with leaders and managers in police, fire, defence, rescue, and emergency services to collaborate on solutions to improve frontline mental health.
<b>20 - 22 MAR</b>	Child & Adolescent Mental Health Conference	Gold Coast & Online	Increase your network of fellow professionals and unite to improve mental health practices with children and adolescents.
<b>20 - 21 JUN</b>	Workplace Wellness Festival 2023	ICC Sydney	A place to learn, have fun, and do business with over 100 expert speakers, top vendors, and thousands of professionals for APAC's largest workplace wellness gathering.

Do you have an offering that our network would benefit from?  
Reach out to our team to discuss how we can work together.